



ABOUT HAPPY

HIV Awareness Promoting Prevention for You (HAPPY) is a service to prevent and reduce the impact of HIV stigma and discrimination. HAPPY service started July 1st of 2016. It is a service of Access to Wholistic and Productive Living Institute, Inc. located at 3611 43rd Ave., Colmar Manor MD 20722.

HAPPY's service goal is to prevent HIV infection and prevent the transmission of HIV among high risk individuals. [Read More...](#)



Healthy Living



How Eating Mediterranean Foods Can Reduce Women's Risk Of Stroke, But Not Men's

The nutritional benefits of the Mediterranean diet have been explored extensively over the past few years, with some claiming that following the diet can reduce a person's risk of developing heart disease. [Read More...](#)

HIV IN THE NEWS

HIV Vaccine Human Trials Leave Scientists 'Cautiously Pleased'

Scientists are cautiously optimistic after a trial HIV vaccine showed promising results in initial tests on humans. [Read More...](#)




UPCOMING EVENTS

[CHECK OUT OUR EVENTS HERE!](#)



RESOURCE CENTER

[CHECK OUT OUR ONLINE RESOURCES HERE!](#)



#Get Tested
#knowyourstatus

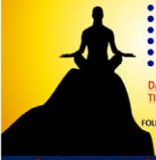
- Free HIV Testing
- Giveaways
- Sexual Health Information
- Resources

Every Tuesday and Thursday 11am - 4 pm
and
Every 3rd Saturday 12 - 3 pm

beHAPPY

ACCESS TO WHOLISTIC AND PRODUCTIVE LIVING (AWPLI)
3611, 43rd Avenue, Brentwood, MD 20722

FOLLOW US @HAPPY_AWPLI



beHAPPY

Take control of your mind, body and spirit...

Join us for our Healthy Lifestyle Training Series

- Self Management
- Stress & Anger Management
- Healthy Nutrition
- Physical Activity
- Healthy Behaviors
- Maintenance

DATE: OCTOBER 24, 2018
TIME: 5PM TO 7PM

FOLLOW US @HAPPY_AWPLI

For more info: mashika@awpl.org | 202-243-0200

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